

Philip Aziz Centre / Emily's House

Annual Report 2022-2023

Providing respite, practical, emotional, spiritual, grief, bereavement, recreational and therapeutic support to adults, children and families living with life-threatening illnesses in the comfort of their own home, or in Toronto's first paediatric inpatient hospice.







CEO's and Board Chair Report

2022/23 was a year of relief as we set our sights and hopes back on returning to normal while still wading through the residual effects of the challenging years of COVID, its pressures on families, the wider health system, communities, business and personal financial pressures, supply shortages and labour shortages in healthcare across Canada. In its wake, we have provided care and support for more than 675 clients and their loved ones through our in-home visiting hospice, eighty-nine children through Emily's House@Home and had 385 admissions at Emily's House. Both virtually and live, we have and will continue to deliver high-quality hospice palliative care for clients, while supporting the well-being of their grieving loved ones. Despite the uncertainties of this post-pandemic world, our organization has displayed resilience and unrelenting commitment to our mission.

With thanks to our Ministry of Health and Governments' commitment to palliative care, and the generosity of our donors, we have helped relieve the burden on the wider healthcare system by offering timely and equitable access to vital palliative care supports. However, there is still more to be done. With strategic investments, Ontario can realize significant annual health care savings, keep people out of more costly hospital beds, provide excellent patient, caregiver and health care worker experiences, and support

the well being of those who are bereaved; providing care in the right place, at the right time.

Changing client needs and the current environment have driven continued improvements in our model of care, service delivery, and strategic partnerships. Emily's House at Home offered auxiliary/respite hospice supports to children with complex conditions in their own homes, while building a bridge for them to be admitted directly to Emily's House when they may benefit from more advanced care. Innovative

exploration with partner SickKids Hospital continued to focus on improving patient satisfaction, shared resources, and the continuum of care, while ensuring timely access and reduced barriers to care when and where needed.

Summer of 2023 marked the 30-year anniversary of Philip Aziz Centre (PAC) and 10-year anniversary of Emily's House. A gala of remarkable guests and entertainment celebrated the event. There are so many people to thank who came alongside to help ensure the success of our two hospice programs. Key individuals included Rev. Bill Mugford, who along with his small community church in Toronto, opened their doors and hearts to a man named Philip Aziz, who was dying of an AIDS-related illness back in 1991. The compassion, love, practical and spiritual support Philip received led him to bequest his estate. His final wish was that his gift be used to establish an organization to help others in our city living with HIV/AIDS.

Since opening in 1995, PAC continued this legacy of practical expressions of love through a professional staff team and hundreds of trained volunteers, who helped make difficult life journeys more meaningful and manageable for hundreds of hospice clients and their loved ones. PAC's reputation for excellence in the delivery of care for persons living with HIV/AIDS led to supporting people living with any life-threatening illness, as well as a focus on children.

PAC expanded to respond to the diverse needs of children with complex conditions and their families that had been supported through our community visiting hospice programs, but whose needs far exceeded what our in-home visiting volunteers could offer. This need led to expanding services by building a children's hospice - Emily's House. This ten-bed hospice, named in honour of one our courageous young clients, was designed to offer integrated medical respite and palliative care in a home-like environment with 24/7 nursing care, and therapeutic programs to optimize quality of life.

We are thankful to the many Board members over the years who have contributed their time, finances, wisdom and vision to bring us to where we are today and guide us to where we are going tomorrow. It is incredible to reflect upon everything that we have achieved together, and gratifying to recognize that we are leading the charge when

it comes to pushing boundaries to improve care for children living with complex, life-limiting illnesses and their families.

And finally, we want to acknowledge the whole team of diverse and talented staff and volunteers at Philip Aziz Centre and Emily's House, and thank them for their dedication, love, and commitment to excellent hospice care. Our team worked collaboratively, compassionately, and creatively through challenging times to ensure continuous care for our families, children and adults who rely on our services. A special thank you to our Family Advisory Council, who represent the voice of our families and who are our teachers when it comes to caring for their children. As a result of our incredible team, we feel that we have emerged as a better and stronger charity, building on our reputation for excellence, equity and timely access in the delivery of in-patient paediatric palliative care, and in-home visiting hospice care.

"Not all of us can do great things. But we can do small things with great love."

~ Mother Teresa

Thank you to all our friends of hospice, for the great and small gifts you have generously given in love.

Raunt Calmera

For more on our history, please visit our website: https://paceh.ca/who-we-are/mission-and-history/

With sincere appreciation,



Rauni Salminen, CEO Philip Aziz Centre for Hospice Care and Emily's House



Louise Summerhill, Chair

House 4 Summerhal

Board of Directors



Client Services / Community Visiting Hospice Program: Philip Aziz Centre (PAC)

The easing of pandemic restrictions in fiscal year 2022/2023 made way for a return to regular, fulsome programming. PAC's comprehensive visiting hospice programs continued to provide a holistic range of non-medical support services to adults and children living with a life-limiting illness. Many of our psycho-social services were also provided to family members and caregivers – either directly, such as spiritual care; or for respite, such as practical supports that gave caregivers a needed break. Through all our supports, we sought to honour the unique needs and preferences of each client, and to build resiliency for caregivers.

Hospice supports included service coordination, bereavement counseling, spiritual care, music therapy, child life supports, social work, support groups, patient advocacy, respite for caregivers, and a robust visiting volunteer program for both practical needs and companionship. To ensure prompt and effective responses to client needs and concerns, our multi-disciplinary team engaged in: daily huddles with our Home and Community Care Support Services partners; weekly rounds with our Emily's House paediatric residential hospice team; and weekly internal client care team meetings. This open communication, strength-based problem solving, and learning helped enhance timely access to services and seamless care for clients.

- The team observed increasing numbers of clients and families who reported food insecurity due to increased food prices versus fixed incomes; as well as transportation challenges due to increased costs of transportation or changes to agency services.
- Requests increased from caregivers and clients for assistance in navigating social services (housing; financial supports such as ODSP, Ontario Works; and refugee/immigration issues).
- Through our Emily's House at Home program, clients were connected to Music Therapy, Recreation, Child Life, Social Work, Grief/Bereavement, and trained volunteers - to support medically-fragile children in the community, as well as to offer respite for caregivers.

- We continued to support child clients and siblings through PAC-sponsored camps, tutoring programs, and by connecting them to recreational activities.
- For holistic care and access to quality social services and healthcare, connections were facilitated between clients/families and essential support agencies. Our network of external partners included: SickKids' Paediatric Advance Care Team; Complex Care Team and Transplant Teams; Home and Community Care Support Services (HCCSS); Casey House; Toronto People with AIDS Foundation; Toronto Central HCCSS Palliative Care Program; The Neighbourhood Group Community Services; and other community and in-patient hospices.

Philip Aziz Centre (PAC) Community Program/EH@H	2020-2021 (COVID YR 1)	2021-2022 (COVID YR 2)	2022-2023 (COVID YR 3)	Change Over Previous YR	Change Over 3 YRS
Community Program clients in total	273	403	675	+67%	+147%
Children in Community, plus siblings and loved ones / EH@H	s 151	61	89	+46%	-59%

^{*} As of November 2021, community hospice supports for children and their families were extended through "Emily's House at Home" (EH@H).

Note: FY22/23 includes 190 Michael Garron Hospital patients supported by PAC volunteers not previously included in annual report statistics reporting.

Client Testimonial from a client's partner:

"It was really important to [my loved one] to have your support. It made a world of difference."

Client Testimonial from an adult child of a client:

"Your services are such a treasure and source of joy – thank you for all that you do."

PAC Community Program for People of All Ages Living with HIV/AIDS or who are HIV/AIDS-impacted



Over the past year, the program supported people living with HIV/AIDS with an updated service model: the program provided short-term support to People Living with HIV/AIDS (PHAs), and people who were HIV/AIDS impacted, based on their needs. We got to know each individual and helped facilitate resilience in their unique life journey – through counselling, client advocacy, mediation, peer/group supports, home visits, volunteers and connections to care. With thanks to **Faithworks/The Anglican Diocese of Toronto** for leadership funding, at the heart of the program is a confidential and safe place where compassionate care is the basis of each relationship.

- Hospitalization: An increased number of clients were hospitalized this year and requested extra hospice supports.
- Children: Requests increased from parents for mediation with children to address medication adherence; and for support with children who are HIV-positive and needing information/support to continue treatment even when they were feeling well.
- Comorbidity: Clients with HIV/AIDS continued to present with increased comorbidity, such as cancers, heart attacks and kidney failure. This may be due to aging, or an HIV-related side-effect.
- Connection: We provided one-on-one support for clients who were struggling with isolation through in-home visitation by volunteers. The team has been intentional about reaching out to clients to make sure they are linked to care and support. We continued to build stronger working relationships with Casey House and other AIDS Service Organization (ASOs) to provide seamless case management for shared clients.
- Mental Wellness: Our Social Work student facilitated a workshop on mental wellness, providing tools clients could utilize when feeling mentally exhausted or depressed.

Testimonial from a client with HIV/AIDS:

"The last few years has been very difficult due to a massive stroke. Thank you to the Philip Aziz Centre for always supporting me."



Grief and Bereavement / Spiritual Care Programs, Emily's House and Philip Aziz Centre (PAC)

In fall 2022, several Grief and Bereavement support groups were offered online. Those who took the risk to be vulnerable were often rewarded by the comfort and care they offered and received from other group members and leaders. When there was a death in a family, we witnessed how each member had a unique grief experience and needed their own "safe place" to be genuine, open and heard. Because the demand for grief groups is growing, we trained another group of volunteers to help facilitate peer support groups with Grief and Bereavement clients. Group and individual supports continued to be offered with trained practitioners.

Client Testimonial – Grief Group:

"The group gave me the reassurance that my grief experiences were normal! It really helped."

Client Testimonial – Peer Families:

"I was watching a family who had lost their child and they were still a 'family'. It was in that moment that I felt a tiny seed of hope."



In one-on-one Spiritual Care sessions, those who are dying feel the freedom to "let go" and be in touch with their innermost fears, concerns and desires. They have freedom to express their thoughts to someone outside of family who is objective, attentive, and empathetic. Permission is given to inquire about areas the client may not yet have thought about; and a safe space welcomes questions and clarifications they may need to explore but are often afraid to ask. Similarly, caregivers are a client group served who also need a safe place to be heard and cared for; to cry, express fear and fatigue without feeling like they are a burden to their loved one:

"The parent was putting on a brave face, doing any and everything necessary for their child.

And yet, the anguish they poured out as we met was profound."

In support of our client families, two annual memorials were hosted. The spring Emily's House Garden Memorial was a wonderful opportunity to gather in person for the first time in three years under an overflowing big tent in the city park adjacent to our Emily's House garden. Fifty families attended, planted a begonia in memory of a child, and joined with volunteers and staff to honour each of the remarkable children we have known, loved and cared for. A Community Winter Memorial was held at the Mount Pleasant Funeral Centre with a service of remembrance. Our diverse community strengthened one another by gathering, planting garden stones, lighting candles, sharing stories, and joining in musical celebrations of these lives remembered.

Client Testimonial – Spiritual Care:

"One client said it was helpful that someone was there for her emotional and spiritual questions. As much as she loved her family, they did not have the type of relationship that could support this aspect of her journey, and she certainly did not want to cause them any more distress."

Grief & Bereavement / Spiritual Care		2021-2022 (COVID YR 2)		Change Over Previous YR	Change Over 3 YRS
Clients	277	403	541	+34%	+95%



Emily's House Clinical Programs

2022/2023 saw a return to increased normalcy with full access for visitors, reopening of our shared kitchen space, in-person March break camp, and off-site trips for kiddos. This also allowed us to have birthday and other significant celebrations, adding to cherished activities and memories for our families.

Overall admissions at Emily's House returned to pre-pandemic levels. The team also reported that Emily's House at Home (EH@Home) generated new interest and referrals for in-hospice care. It was a year of rebuilding our core permanent staff team. As the pandemic receded, some staff chose to pursue new career challenges. With education being part of our staff retention strategy, an on-site Clinical Educator was hired to support onboarding/orientation and standardized training. Staff attended the biennial Paediatric Palliative Care

Symposium and SickKids courses to improve and maintain skills for consistent patient care. Progress also continued on

our **Best Practice Spotlight Organization** global nursing initiative in paediatric palliative care.

SickKids and Emily's House continued to evaluate and explore opportunities to relieve their inpatient acute care beds.

Outreach education with care partners resumed and we will continue to identify gaps and opportunities for innovation.

We recognize the strain recent years have had on our families, and continue developing capacity to support them at Emily's House as well as in their homes.

Emily's House Paediatric	2020-2021	2021-2022 (COVID YR 2)	2022-2023	Change Over	Change Over
Residential Hospice Program	(COVID YR 1)		(COVID YR 3)	Previous YR	3 YRS
Total Admissions	89	214	358	+167%	402%





Dr. Adam
Rapoport,
Medical Director,
Emily's House
and Paediatric
Advanced Care
Team, SickKids
Hospital:

"Time flies! Ten years ago, July 2013, Emily's House opened its doors to patients and families. It's only natural when you reach such a milestone to pause and reflect - on what you've accomplished so far and on what you hope to achieve in the coming years. Since our opening, many families have entrusted Emily's House to care for their dying child. Doing so has been an incredible honour and a humbling experience. Each child has left a lasting impression; each family has become a part of our family and remains a source of constant inspiration in our efforts to always do better. We have also provided thousands of respite stays - occasions for children with medical complexity to socialize and have fun; and opportunities for parents to take a break and recharge, knowing their child is safe and well-cared for. In just 10 years, Emily's House has established itself as an essential and trusted community organization synonymous with 'quality of life' for children living with serious illnesses.

But we're not done yet! As we look ahead to the next decade, our efforts will be aimed at finding new and innovative ways to improve quality of life for even greater numbers of children across Ontario. While Emily's House has always had a provincial mandate, most of our clients live in the GTA. It's understandable that families living a distance from Toronto might be reluctant to use our services. But children and families everywhere should get a taste of our 'special sauce,' and we see no reason to keep our recipe a secret. By partnering with community nursing agencies and adult hospices we can extend the reach of Emily's House and ensure that no matter where a child lives, quality of life is given adequate attention and families receive the support they need during difficult times. As we continue to maintain and improve our in-house programing, we are excited to spread the philosophy of Emily's House to wherever it is needed."

For more Emily's House stories, news and videos, please visit: https://paceh.ca/what-we-do/videos/. To schedule a guided tour of Emily's House, please email us at: info@philipazizcentre.ca or phone 416-363-9196.



Emily's House Play and Recreation Program

Many families in the community are unable to access pre-pandemic levels of in-home community nursing/PSW supports, which can mean little rest and respite for parents, and increased isolation for children. Our team has observed that: children admitted to our programs have had higher needs for complex care than pre-pandemic; and that the need for recreational respite is greater than ever.

- By growing our recreation team last year, we expanded capacity to support children and families earlier in their palliative care trajectory, and to meet them in their preferred location of care. As part of our daily recreation and child life programming, children increased their participation in local communities, or enjoyed having community brought to them at Emily's House. Clients were happy to reconnect face-to-face with our team and other children/siblings; and parents were eager to connect with parents who shared similar parenting experiences. In-person programming quickly replaced virtual programming, and In-Person Peer Family Events were introduced (e.g., Hello Summer, Fall Family Fair, etc.). For many families, it was the first time connecting with peer families at Emily's House, as many new folks had been introduced to us via Emily's House at Home or our virtual Siblings' Group. In-person Emily's House March Break Camp was a highlight of the year with themes of adventure and around the world exploration. (Check out the Photo Album on our new website!)
- Increasingly, children and youth admitted to our programs communicate without words, so our Recreation Coordinators and volunteers tried different approaches to see what connected for each child (i.e., voice, sounds, song). With patient observation, the team recognized how each child communicates uniquely.
- An updated Daily Recreation and Play Calendar introduced more structured programming: to maximize inclusion for all ages, interests, ability levels and communication styles. It added variety - from crafts to basketball - with activities that were creative, social, sensory and physical.
- Special thanks to lead donors: The Lillian Meighen and Don Wright Foundation for Daily Play and Recreation; Frank Leo and Associates for renovations to the Snoezelen Room for multisensory stimulation therapy/play; and to Heather Hyland, for a refreshed and accessible Siblings Den.

Recreational Play	2020-2021 (COVID YR 1)	2021-2022 (COVID YR 2)	2022-2023 (COVID YR 3)	Change Over Previous YR	Change Over 3 YRS
Clients served	42	61	140	230%	333%
Participants in group sessions / events	526	N/A	301	N/A	-57%



Music Therapy, Emily's House and Philip Aziz Centre (PAC)

Music Therapy at Emily's House / Philip Aziz Centre supports children, adults, and their families from the time of a palliative diagnosis or hospice referral, through to bereavement. It serves many purposes: supporting people to express emotions, meaningfully connect with others, communicate non-verbally, manage distressing symptoms, and create memories together. Our music therapist meets each individual and family exactly where they are, providing therapy, comfort and/or song to accompany them on their journey. Last year, the program continued to evolve and thrive to meet client needs with music.

- With thanks to a Kiwanis Club of Toronto Foundation Arts and Culture Grant, the new Emily's House Music Therapy /Music Instrument Loaning Library increased children and families' access to musical instruments at home, allowing the music to keep going between music therapy visits.
- Emily's House music therapy (for respite, end-of-life, transitional and symptom management support) included heartbeat recordings, legacy work, and supporting families and children to express emotions, make memories and manage symptoms.
- Emily's House at Home (in-community sessions with children and families) included supporting families and children to express emotions, have meaningful

- moments of engagement in music, make memories, and manage symptoms. With the high demand for in-home support, a waitlist started.
- Community sessions with adults and their families supported people to express emotions, meaningfully connect with each other, communicate non-verbally, manage distressing symptoms, and create memories together. Occasionally sessions included adult children and grandkids!
- Large group events included March Break Camp, Fall Fair, and Winter Party; the Emily's House Garden Memorial; the Philip Aziz Centre Annual Candlelight Memorial Service; funerals and celebrations of life of music therapy clients.

Client Impact – Child:

Curled up in a beanbag, as the child's eyes followed colourful bubbles swirling rhythmically in the bubble tank tower, child and Music Therapist created a spontaneous, synchronized response with humming, words, music and a rhythmic response of their own: like a musical call-and-response. In another activity, the therapist introduced a chime-like instrument and helped the child access a tactile experience of "twinkle fingers" on a bundle of glittering strings, as they choreographed movement to their created "musical concert." With therapeutic support, a child with complex disability can access moments of "dialogue" and creation, travel imaginatively beyond himself, and engage with the world around him through senses and sounds.

Music Therapy Program		2021-2022 (COVID YR 2)	2022-2023 (COVID YR 3)	Change Over Previous YR	Change Over 3 YRS
Children	42	55	90	+64%	+114%
Adults	Not recorded	Not recorded	52	NA	NA



Volunteer Program, Emily's House and Philip Aziz Centre (PAC)

We are grateful for the selfless compassion of our Volunteers – during a time of unprecedented challenges in the volunteer sector: 65% of Canadian organizations reported a shortage of new volunteers, yet there was a 74% increase in demand. Although impacted by the shortage, our volunteers stepped up in beautiful ways at a difficult time. They provided direct client care and administration; delivered food to clients; assisted with memory making, legacy activities and special projects; attended education and professional development sessions; and demonstrated that volunteers are invaluable. Volunteer deployment was a priority, and recruitment ramped up with a strategic outreach and engagement plan, plus new communications. The year began with adapted programming, and later, we eased into regular programming with in-person volunteer engagement events, trainings, and committees (garden, outreach). We leveraged the skills and passions of volunteers – to keep a diverse group motivated, happy and engaged – while supporting client-centered care.

- Volunteer Training: 2 Personal Protective Equipment (PPE) and COVID Health and Safety Trainings (before content merged into standard training); 4 Core Trainings for Hospice Volunteers; 3 Children's Trainings (total of individual 30 sessions); 2 Grief/Bereavement Trainings; 1 THN (Toronto HIV/AIDS Network) Core Training. Total attendees: 188.
- Volunteer Information: 24 information sessions supported 226 attendees.
- Volunteer Wellness, Community Interest and Professional Development Sessions: 23 sessions with 242 total attendees.
- Community Support: Thanks to Elevation Church, C3 Church, Church In The City, St. John's Presbyterian Church, Huron Park Baptist Church, Comfy Cases, Kids Kicking Cancer/Heroes Circle, Kids Up Front,

- Beech Nursery, VibeArts, One Health Partners Pet Therapy Service, Story House Ideas, Summerhill, Mattachioni Pizza, Second Harvest, Mark Anthony Wine and Spirits, and Lorne Chapman Photography.
- Emily's House Family Advisory Council: Thanks to Bruno, Marlene, Domenic, Christina, Amy, Schevaune and John who advised on programming, and supported memorials and fundraising.
- Youth Advisory Council: Some YAC members "aged out" while we welcomed new members to help with events, camp and holiday fun! (Members: Leo, Helena, Lila, Burke, Bridget, Phineas, Charlie, Emily, Sanvee and Sophia).
- Award Recognition: Lydia Stone won the June Callwood Circle of Outstanding Volunteers Award for her excellent service at PAC and EH this year!

Volunteer Hours	2020-2021 (COVID YR 1)	2021-2022 (COVID YR 2)	2022-2023 (COVID YR 3)	Change Over Previous YR	Change Over 3 YRS
Community Program / EH@H	12,761	11,208	14,626.20	+30%	+15%
Emily's House	2,270	5,655	8,107.50	+143%	+257%



Testimonial about a Volunteer:

"When my mom entered palliative care, her waist length hair was matted beyond repair. As I was about to begin the daunting task of trying to cut it, this amazing volunteer asked if I needed help. She spent the next hour uncomfortably bent over my mom's bed, and painstakingly cut out the knots and mats. She was SO respectful of my mom and the trauma to her while losing her hair. She was invaluable to us both."

Kudos to a Volunteer from an Emily's House nurse:

"Many of the kids in house appreciate constant interaction (walks, singing, reading), and Pat gave them that! Knowing that Pat was there to have fun with them allowed us to focus on our nursing tasks."



Testimonial from a Volunteer:

"I enjoy my time at Emily's House. I leave with more energy than I came in with!"



IMPACT (Infant Maternal Perinatal Advanced Care Team)

IMPACT continued to provide support to families who have received a life-threatening or life-limiting diagnosis for their babies during pregnancy:

- There were 59 new referrals to the IMPACT program from April 2022-March 2023.
- The IMPACT Grief Support Coordinator meets families early in their pregnancy and continues to provide support after their loss. This year, the Coordinator connected with 49 new families, got to know them, and learn about their baby's story.
- > IMPACT's support continues long-term. We continued to connect with 80 bereaved families in total throughout the year.
- As pandemic restrictions eased, the Grief Support Coordinator was able to meet with more families to provide in-person support. An additional 100+ phone video calls were made, 600+ emails sent, and over 70 cards were sent to IMPACT families!

IMPACT provides families with a memory making kit during their appointments that contains ideas for memory making both during pregnancy, as well as after baby is born. The program also plays an important role in seeing families who wish to pursue full resuscitative or surgical interventions for their babies. These families have unique needs that differ from families who have chosen to pursue comfort care for their babies. In order to meet these needs, IMPACT developed a new version of the memory making kit. The Connection Kit contains materials and ideas intended to help families facilitate connection while knowing that they are likely going to be separated by a hospitalization shortly after birth. The kit contains items that help connect mom and baby while they are admitted to separate hospital units after delivery, such as the Hug, and Cozy Cloths. A Hug is a long piece of fabric as wide as parents' armspan on which families can trace their hands at each end of the material. It remains with baby so that a Hug blanket from their parents is always with them. Cozy Cloths are two small round pieces of material to be worn by parents inside their shirts; once they absorb the parents' scent, they can be left with baby to provide comfort. One family remarked: "These items are so special to us! It means so much to have something that has been with us through our pregnancy, and can stay with our baby in hospital. We will hold onto them forever!" These items are made by a wonderful and generous volunteer specifically for IMPACT families!

A new IMPACT Memorial Candle was introduced this year that is lit nightly in the Emily's House reflective space in honour of all IMPACT babies whose memories we hold in our hearts. Each bereaved IMPACT family is also mailed a small votive candle on the one year anniversary of their baby's death. After receiving a candle, one family said: "I am always grateful to your team. Thank you so much, for always remembering me and keeping my baby in your thoughts."

Resource Development, Emily's House and Philip Aziz Centre (PAC)

During the pandemic, when gathering in hospice was restricted, attention turned to facilities and infrastructure needs to create safer and more inclusive spaces for our children and families. A major focus for Resource Development was Capital Projects, made possible by donor generosity: Kiwanis Club of Toronto Foundation for our Music Therapy/Music Instrument Loaning Library (\$10,000); Frank Leo & Associates for our Snoezelen Room Refresh (\$5,000); Heather Hyland for the Siblings Den Renovation (\$25,000); and, the J.P. Bickell Foundation for funds toward Emily's House Flooring Replacement Phase One (\$30,000).

In terms of Operating Funds, one-time CEWS and government COVID-relief funding came to an end; and new, non-government donors supported a wide range of programs for our children, adults and families. Previous Reserves/Fund Balances (of 4-6 months operating) were reduced by needed infrastructure upgrades (i.e., distancing protocols, facility wear-and-tear, and optimizing spaces to support client care). As anticipated, increased expenses reflect updated staffing for increased direct (non-medical) client care in client homes; and, new retention/recruitment costs in a challenging healthcare environment.

To build sustainability, we continued to: explore diversified funding sources; strategically target foundation and corporate funders; and encouraged third-party fundraising fueled by the enthusiasm of families, friends and volunteers who have been touched by our hospice mission.



Mount Pleasant Group, Mar 8/23

Our Hike lead sponsor and memorial host wrote: "The work you do is so important for those at the end of their life journey."

Riverdale Bootcamp, Summer 2022

Thanks, Coach Enea, for motivating local business and "bootcamper" donation support.



Hike for Hospice, Apr 2-May 1/22

\$49,469 was raised for Hike for Hospice Partners, including \$32,600 for Emily's House/PAC.

Heron Park Baptist Mother's Day Donations, May 2022

One mom shared: "Thank you for the surprise ... for putting a smile on my face."

Hodgson Family Foundation, May 4/22

A \$15,000 donation boosted our Volunteer Program.

Malvern Christian Assembly, May 6/22

Thanks for prayers and \$5,000 Mission Fest funding.



Roman Catholic Episcopal Corporation, May 17/22

Annual Cardinal's Dinner faithfully donated \$3,000.



Heather Hyland - Emily's House Siblings' Den, May 20/22

This renovated space is vibrantly updated, interactive, and inclusive for youth in large wheelchairs. Heather wrote: "Wonderful! You must have persisted during a difficult year to pull together this project. I hope the children enjoy the room!"



St. Andrew's Society, Toronto/Hendrie Trust, June 8/22

A \$7,720 grant extended in-home supports: "This is an excellent application of funds. I hope the grant will have a positive impact on your programs and services."



Kiwanis Club of Toronto Foundation, June 2022

A \$10,000 grant launched the Emily's House Music Therapy/ Music Instrument Loaning Library, as part of our mobile in-home/in-hospice programming.

Petro-Canada CareMakers Foundation, July 28/22

This \$7,500 donation to caregiver programming supported those: "quietly helping loved ones in our communities."



Enbridge Fueling Futures Vibrant Community Grant, July 28/22

A \$10,000 donation towards the new integration of Social Worker capabilities at Emily's House impacted families.

Conn Smythe Foundation, July 22/22

We are grateful for this annual leadership funding, which began when Emily's House first opened.

P&L Odette Charitable Foundation, Aug 4/22

Special thanks to Marc Odette for \$20,000 and a first visit with Marian Carter after years of support.

Estate of Jean Munro, Aug 2022

Special thanks to Jean Munro, whose final estate continued a legacy of support, in memory of her brother, Philip Aziz.

Lawrence Schafer Family Foundation, Sept 9/22

Thanks to Carita Sheehy for directing a \$10,000 special birthday donation to Emily's House.

Kinross Gold, Sept 9/22

Thanks to Kinross Gold for another leadership gift of \$25,000 for our children's programs.



Scarborough Toyota, Sept 15/22

Thank you to the Scarborough Toyota team, and especially, Dealership Owner, Patrick J. Priestner.

Terry Fox Walk for Sophia, Sept 2022

In memory and celebration of Sophia K., \$5,825 was raised for Emily's House.



Celebrity Family Feud Canada/CBC Diggstown, Nov 1/22

Ayden's loving Godmother, Shailene, and the cast of Diggstown (Zone3-XXXIII Inc) won \$10,000 for Emily's House on Celebrity Family Feud Canada!

Jean-Jacques Real Estate Team, Nov 24/22

The Jean-Jacques Real Estate Team donated \$8,000, raised through Funday Mondays.



Sycamore Foundation, Nov 28/22

Thank you to this generous group for a transformational donation.

J.P. Bickell Foundation, Nov 30/22

This capital funding enabled the start of the Emily's House flooring replacement.

Hallmark Giving, Dec 8/22

Thanks Hallmark Giving/Remax, Ken McCloughlin, for \$10,000 and a "home video" filmed for your team!



Rapid 7/Farzana, Dec 12/22

This employee fundraising drive raised \$210 and a mountain of toys!



Torolug, Dec 13/22

Thanks to Toronto LEGO User Group for toy drive donations and volunteer consultation on the building of our LEGO wall!

Lillian Meighen and Don Wright Foundation, Dec 15/22

The lead donor of our Daily Recreation and Music Programs wrote: "The whole atmosphere of Emily's House is a triumph, and we wish you great success in continuing this work."

Menkes Developments Ltd, Dec 19/22

Thanks to the Menkes Family for "lifting spirits" at Emily's House.

Ava's Fund, Dec 2022

The memory of Ava inspired \$18,000+ in donations and gifts to help our children and families share some seasonal joy.



Forrest Brook Community Church, Dec 2022

The "Unmarket" outreach event raised \$1,071 and awareness with thanks to: Sandy, Paul, Lindsey, Kathy, Fred and Greg.

Standard Bio Tools, Dec 2022

Michael Cohen, Janice Colis-Lazzaro, and Standard Bio Tools (formerly Fluidigm Canada Inc.) employees raised another \$1,000+ in Ethan's honour.



Frank Leo & Associates, Dec 2022

The Frank Leo & Associates Holiday Gift drive for Emily's House in Memory of Ava raised \$13,625 toward recreation for our children, plus a year's supply of toys!



St. John Henry Newman School, Dec 20/22

The students' Scartrek Walkathon raised \$4,000 that was presented to Emily's House at a special assembly.

Care for Kids (Toronto), Dec 22/22

Thanks to Sonny Goldstein and Michelle Goldstein Zaldin, our earliest donor advocates for paediatric palliative care, for \$25,000.

Michael and Carol Mueller Foundation, Dec 30/22

These leadership donors kick-started our Capital Campaign, donating the first two hospital beds of 2023!

Smart TV, Jan 2023

Thanks to all who donated when the big Emily's House TV broke!

Ethan Cohen Tribute, Feb 2023

Ethan's family marked his 5th birthday in heaven and donated \$3,866 to support kids like him. (See photo on page 8).



A Bradford Christmas, Feb 2023

Inspired by Baby Grace, Sarah and Emily Dahlgren raised \$14,003.

FaithWorks, Anglican Diocese of Toronto, Mar 10/23

FaithWorks provides leadership funding for the PAC Community Program for People Living with HIV/AIDS or who are HIV/AIDS-impacted.

Hockey for Grace, Mar 4-5/23

In memory of Baby Grace, \$20,000 were raised with thanks to Amy, Chris, Carter, family, sponsors, volunteers, hockey players, referees, donors, bakers, emcee, social media, VIPs, media, and even the Mayor of Bradford!



Enbridge Fueling Futures Vibrant Community Grant, Aug 4/22

This grant encouraged improved outcomes for entire families. #enbridgefuellingfutures

Allan's Waves of Love and Inspiration, 2023

Jessielyn and Christian raised funds, gifts and program supplies in loving memory of Allan.

Summerhill Markets - FY22/23

Prepared meals and food worth \$7,289 - was a gift of essential nutrition, care and comfort.

Development Results	2020-2021	2021-2022	2022-2023	Change Over	Change Over
	(COVID YR 1)	(COVID YR 2)	(COVID YR 3)	Previous YR	3 YRS
Fundraising Revenue (unrestricted donations)	1,068,739	1,370,904	1,201,102	-12%	+12%

Note: Capital Funds raised are not included in Operating Funds summary for consistency with Financial Statement.

To Our Donors / To All Our Special Friends...

Thank you to our donors and special friends on behalf of the children, adults and families supported by our compassionate hospice programs and supports. You have made this possible. We gratefully acknowledge all the generous financial support we have received through the Toronto Central Local Health Integration Network (TC LHIN), Ministry of Health, foundations, corporations, faith organizations, service clubs, individuals and community partnerships. Due to space restrictions, we have listed donations of \$1,000 and greater from April 1, 2022 to March 31, 2023. Every effort has been made to ensure the accuracy of this list, but please let us know if you have any questions or concerns.

1000140608 Inc

Agincourt Pentecostal Church

Allan's Waves of Love

Jim Andersen

Angell Gallery

Anglican Diocese

of Toronto, Faithworks

Nicholas Arseneau

Ava's Fund

Balsam Foundation

Birch Island Foundation

Sandy Broad

John Burrows

Canada Helps (Anonymous Donors)

Care For Kids (Toronto)

Charities Aid Foundation of Canada

Christina Mary Hendrie Trust

Christina McCord Dental

Professional Corporation

Conn Smythe Foundation

CP24 CHUM Charitable Foundation

Sarah and Emily Dahlgren

Paul Dupuis

James Dutkiewicz

Lisa Eckler

Julie Edghill

Enbridge Fueling Futures Vibrant

Community Grant

Hanna Faghfoury

Frank Leo & Associates

Angela Fuda

Genesis Gymnastics Inc.

Peter Goulos

Hallmark Giving

Stacey Hazzard

Donna Henrikson

Susan Hillery

Hodgson Family Foundation

Heather Hyland

J.P. Bickell Foundation

Keith Jacka

Obed Jean-Jacques Team, Royal LePage

Terrequity Realty, Brokerage

Sarah and Elliot Johnson

Barry and Jane Jones

Kinross Gold Corporation

Kiwanis Club of Toronto Foundation

Jennifer Kroezen

Martin Lavigueur

Lawrence Schafer Foundation

Mel Leiderman

Lillian Meighen and Don Wright

Foundation

Liuna, Local 183

Greg Luyendyk

Malvern Christian Assembly

Manulife

Phyllis Markle

Bryan Massam

MBTW Group

Menkes Developments Ltd

Michael & Carol Mueller

Family Foundation

Michelle & John Visser Fund

Melissa Mielkie

Mitchell & Kathryn Baran

Family Foundation

Lawrence Moate

Mount Pleasant Group

of Cemeteries

Navigator Ltd.

Order of St Lazarus

Toronto Commandery

P & L Odette Charitable Foundation

Enea Perego, Riverdale Bootcamp

Petro Canada

Philip Smith Foundation

Michael U. Potter

Patrick J. Priestner

Paul Raboud

Rand Kildare Charitable Foundation

Muhammad Rehman

Janice Ribble

Janet Rice

Roman Catholic

Episcopal Corporation

Jessielyn and Christian Roxas

Royal Mechanical Inc.

St John Henry Newman

Catholic High School

Rauni Salminen

John Schmidt

Cathy Shantz

Carolyn Shim

Standard BioTools Canada

Styles Family Foundation

Summerhill Market

Louise Summerhill

Sycamore Fund

Diane Taylor

T.K. Butler Real Estate Corp.

Terrequity Children's Foundation

Toronto Community Foundation

Dr. Paul Truelove

Gretchen Van Riesen and

Murray Rowlands

Andrew Veerasammy

Barbara Walkden

Walker Wood Foundation

Wawanesa Mutual

Insurance Company

Luke Whitesell

Willowool Foundation

Lindsey and Paul Yeskoo

Zone3-XXXIII Inc





30/10 Gala Patron List

It was a Time to Celebrate: Philip Aziz Centre/Emily's House 30/10 Anniversary Gala - 30 years of in-home hospice, and 10 years of in-patient paediatric hospice care.

The Philip Aziz Centre for Hospice Care and Emily's House origin stories were brought to life on June 21, 2023 – reminding us all of a heartfelt mission that emerged from a heartfelt vision. The program ignited a fresh excitement for this specialized work in the hospice care sector.

Speaker presentations featured: Rick Firth, CEO, Hospice Palliative Care Ontario (HPCO); Rauni Salminen, CEO, Philip Aziz Centre and Emily's House; Dr. Adam Rapoport, Medical Director, SickKids, Paediatric Advanced Care Team (PACT) and Emily's House; and, Amy and Chris Manning (Emily's House "Rockstar" parents and Family Advisory Counsel Representatives).

Special thanks to the performers and program participants who donated their time and talent to mark this anniversary occasion: Jackie Richardson; Steven Hearn and the Barenaked Ladies; Jim Cuddy of Blue Rodeo; and, Tom Harrington, host of "The World This Hour with CBC National Radio News." Ron Korb and band performed 40+ songs over the course of the evening; plus their live collaborative performance with Jackie Richardson was a show stopper that guests raved about for days.

Among many notable gala attendees were members of **Emily Yeskoo's Family**, and members of (Toronto artist) **Philip Aziz's Family**: it was a new historic moment for our organization, and may inspire others to leave their own legacy.

So far, our anniversary celebrations have raised approximately \$186,000, including funds to replace six of eight 10-year-old hospital beds at Emily's House in 2023. Additional event donations will make the equivalent of over 35 Days of Care at Emily's House available to medically-fragile children with an underlying life-limiting illness, or a range of program options for hospice clients in their own home in the GTA.

Time to Celebrate: Philip Aziz Centre/Emily's House 30/10 Anniversary Gala was made possible in large part thanks to corporate sponsors: Presenting Sponsor: Agnico Eagle Mines Limited; Event Sponsors: Deloitte, Goldstein Financial Consultants, and Starlight Investments; as well as, Guest Gift Sponsor: Mark Anthony Wine and Spirits. Event photography was donated generously by Lorne Chapman Photography.

Thank you to Hospital Bed Donors: Balsam Foundation; Michael and Carol Mueller Foundation; and, The Anglican Foundation of Canada.

We are grateful to every **Emily's House Day of Care Patron** (\$1,000 or more), charitable donor, Silent Auction donor, ticket buyer, special guest and volunteer. Patrons of \$1,000 or greater will be recognized in our Annual Report and on our Donor Wall.

Lastly, congratulations to the 30/10 Gala Event Committee: Rauni Salminen, Jennifer Kroezen, Mike Mueller, Obed Jean-Jacques, and Patricia Favre.

Sponsors:

Presenting Sponsor:



Event Sponsors:

Deloitte.



Goldstein Financial Consultants "Creative Ideas in Financial Planning"

Guest Gift Sponsor:

Photography Donor:



Lorne Chapman Photography

Patron List:

Hospital Bed Donors

Balsam Foundation
Michael and Carol Mueller
Foundation
Anglican Foundation of Canada

Time & Talent Major Donors

Jackie Richardson Barenaked Ladies Jim Cuddy of Blue Rodeo Tom Harrington

Emily's House Day of Care Patrons or Major Gift Donors

Allaris Technology Solutions
Balsam Foundation
Rose and Carm Caruso
Conam Charitable Foundation
Vicky Crowe
Tony Di Gaetano
Peter Goulos
Jennifer Kroezen

Patrick McGrade
Lawrence Moate
Mowat Family Fund
Peter Puccetti
Paul Raboud
Revera Inc.
Rauni Salminen
Angie and Cal Stiller
Paul Truelove
Paul and Lindsey Yeskoo

Mel S. Leiderman

Event Donors

Stephen and Heshy Altbaum
Sonia Baxendale
Lorne Chapman
Annie Chau
Sami Elkhazin
Bruno and Marlene Geremia
Rob Halupka
Stacey Hazzard
Timothy Hodgson
Hugessen Consulting Inc
Michael Hunter

Maggie Keresteci Janina Nyke Dr. Adam Rapoport Anil K Rastogi Paul G. Smith Louise Summerhill Susan Wolburgh Jenah

Silent Auction Donors

Nicole Albay
Lee Etherington, Lake Field
Furniture
Kimberley Goring
Kawartha Winery
Gail Kenny
Amanda Maragos
Mike Mueller
Rauni Salminen
Seppo Salminen
Sherry Salminen
Style Your Nest Basket
Victoria County Studio Tour
Whetung Ojibwa Centre
Lindsey and Paul Yeskoo

Executive Summary: Emily's House vs. Philip Aziz Centre (PAC) Operating Funds To provide additional context to the Statement of Earnings for FY22/23 on the following page, this executive summary of the Emily's House and PAC Operating Revenue provides a high-level breakdown of revenue and expenses per operating fund; as well as non-government and government funding sources.

OPERATIONS BY FUND	EMILY'S HOUSE	PAC COMMUNITY	TOTAL
REVENUE			
Government Funding	\$ 1,959,672	\$ 785,521	\$ 2,745,193
Non Government Funding	1,055,210	402,766	1,457,976
	\$ 3,014,882	\$ 1,188,287	\$ 4,203,169
Direct Program Cost	\$ 2,544,014	\$ 1,038,940	\$ 3,582,954
Development and Promotion	121,533	54,343	175,876
Administration	242,689	65,651	308,340
Amortization	217,507	20,382	237,889
EXPENSES	\$ 3,125,743	\$ 1,179,316	\$ 4,305,059
EXCESS OF REVENUE OVER EXPENSES	(\$ 110,861)	\$ 8,971	(\$ 101,890)

Continued on next page.



Statement of Operations





For the year ended March 31, 2023

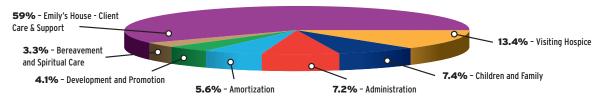
	FY 2022-2023	FY 2021-2022
REVENUE		
Government Funding	\$ 2,276,728	\$ 2,318,435
Donations and Fundraising	1,201,102	1,370,904
Government Funding – temporary funding	468,465	912,876
Amortization of Deferred Contributions	189,503	189,710
Interest and Sundry	67,372	27,320
	\$ 4,203,170	\$ 4,819,245
EXPENSES		
Emily's House - Client Care & Support*	2,544,014	2,163,530
Visiting Hospice	577,060	379,333
Children and Family	319,105	265,697
Bereavement and Spiritual Care	142,775	117,541
Development and Promotion	175,876	146,188
Administration	308,340	251,165
Amortization	237,889	228,842
	\$ 4,305,059	\$ 3,552,296
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES	(\$ 101,890)	\$ 1,266,949
ALLOCATED AS FOLLOWS		
Emily's House Operating Fund	(\$ 110,861)	\$ 1,235,106
General Fund	8,971	31,843
	(\$ 101,890)	\$ 1,266,949
FUND BALANCES		
General Fund	\$ 278,418	\$ 269,447
Emily's House Operating Fund	2,618,476	2,729,337
	\$ 2,896,894	\$ 2,998,784

^{*} Only represents Emily's House Direct Costs. For full revenue and expense details of operations by Fund, please see the Audited FS.

Revenue by Source



Expenses



Note: This is a condensed version of the Audited Financial Statements by KPMG. Complete signed Audited Financial Statements for the Year Ended March 31, 2023 are online at: https://paceh.ca/who-we-are/annual-reports-financials/.

COMPASSION / CARE / SUPPORT

Philip Aziz Centre Visiting Hospice (PAC) is a non-profit hospice providing respite, practical, emotional, spiritual and bereavement care for adults and children living with a life-threatening illness in the comfort of their own homes, and support for their loved ones. Emily's House is a residential hospice that provides integrated respite and paediatric palliative care in a home-like setting, and increasingly in a client's preferred location of care. Committed to optimizing the quality of life for children, with complex disease, disability and an underlying life-threatening illness and their families, it offers an alternate to hospital and home care.

Board of Directors, 2023 - 2024

Amv Manning

Louise R. Summerhill, *Chair*Mike Mueller, *Vice-Chair*Maggie Keresteci

Dr. Esther Rosenthal

Patricia Favre

Mel Leiderman

Rauni Salminen,

Peter Goulos

Larry Moate

Kathy Ribble

Dr. Esther Rosenthal

Rauni Calminen,

CEO - Ex officio member

Emily's House Family Council, 2023 - 2024

Bruno Geremia (Chair) John Howell Schevaune Parchment
Marlene Geremia Christina Ciuffetta Melissa Mielkie

Domenic Ciuffetta

Clinical Full and Part-time Staff, Emily's House (Current)

Dr. Adam Rapoport, Jahra Akazawa-Eguchi, RN Todd Bowles, RPN Medical Director, Emily's Tionna Kinglocke-Christian, RPN Joanne Tay, RN House and Paediatric Advanced Katie Ballard, RN Tori Bathurst, RPN Care Team, SickKids Hospital Meaghan Bell-Gregory, RPN Julian Semczyszyn, RN Kim Daffern, Manager of Clinical Programs (leave) Noellen Patel, RN Catherine Benson, PSW Kira Goodman, Manager of Lisa Brugger, RN Dorice Andrew, PSW Clinical Programs (interim) Carolyn Wilson, RN Justine Kaddu Ndibalwanya, PSW Karen Cross, Client Care Jeff Baine, RN Nancy Puig. PSW Resource Nurse Mayra Bandeira, RN Geraldine Paalan, PSW Nicole Wagschal, Nurse

Erin Steen, RN

Ameena Mustafa, RPN

Additional current Clinical Casual Staff are not listed here.

Staff: Emily's House / Philip Aziz Centre (PAC) (Current

Rauni Salminen, Chief Executive Officer
Nichelle Adriano, Client Care Coordinator
Nicole Albay, Administration/Reception
Lorely Angcos-Garcia, Director of Finance
Marilyn Basa, Finance and Administration
Sandy Broad, Spiritual Care Practitioner
Donna Cadeau, Administration/Reception
Vicky Crowe, Coordinator of Grief and
Bereavement Programs
Dan Dempster, Director of Operations

Kristen DiMarco, *Music Therapist* Kimberley Goring, *Manager of Hospice Administration*

LaToya Hillson, Manager of Children and Family Programs & Child Life Specialist Sarah Johnson, Client Care Coordinator

Jennifer Kroezen, Director of Development/ Fundraising

Amanda Maragos, Director of Client Services & Volunteer Programs

Mike Nelson, Coordinator of Volunteer Programs & Administration

Simone Richler, *Children's Program Facilitator* Sunni Rochelle, *Coordinator of Volunteer*

Programs & Administration

Lena Soje, Manager of Client Services & EH Social Work

Andrea Steadman, Grief & Support (IMPACT)
Coordinator

Danielle Thorburn, *Children's Program*Facilitator

Angelica Tomnob, Finance and Administration Ellen Weir, Fundraising & Data Administrator

Stephen Yate, Facilities Manager

Philip Aziz Centre for Hospice Care 558 Gerrard Street EAST Toronto, Ontario M4M 1X8

Educator

Emily's House, an operating division of the Philip Aziz Centre 45 Jack Layton Way Toronto, Ontario M4M 0B7

Kate Jouravleva, PSW

Elizabeth Kagabe, PSW (leave)

VOICE: 416.363.9196 • FAX: 416.363.6983 • EMAIL: info@philipazizcentre.ca http://paceh.ca/

Charitable Registration # BN 89422 8063 RR 0001

Twitter: @PAChospice_care
Instagram: Emilyshousetoronto

Facebook: www.facebook.com/PhilipAzizCentre







