



### **JANUARY 2025**

# PHILIP AZIZ CENTRE (PAC) & EMILY'S HOUSE (EH) Children's Volunteer Training (CVT)

### Follow along with Liana's Notes

Tuesday, January 21 – Liana Lowenstein - ZOOM		
6:00pm	How Children Understand Grief & Bereavement	
7:15pm	Break	
7:30pm	How Children Understand Grief & Bereavement Continued	
8:30pm	Wrap Up	
WATCHED VIDEOS: Andrea Warnick Series		

Thursday, January 23 – Lori Ives-Baine - ZOOM		
6:00pm	Communications/The Family	
7:15pm	Break	
7:30pm	Communications/The Family	
8:00pm	Discussion of Precious Moments – Watch prior to class!	
8:30pm	Wrap Up	
WATCHED VIDEO/REPORT: Precious Moments		

Saturday, January 25 – continued	
1PM	EH Tour & End-of-Life (EOL)
1:45PM	A Guide to Medical Equipment
2:15PM	Child Protection & Reporting
3РМ	REVIEW of DAY – Share Your Thoughts!
3:30PM	Wrap Up
	NOT DISCUSSED IN CLASS but have all videos watched/reports submitted by this date. Keep reports very brief. Making Every Moment Count, Just Because We Can Should We, Emily's House



Saturday, January 25 – Danielle T. INPERSON at 558 GERRARD STREET EAST		
9:45AM	Welcome/Ice Breaker	
	Looking at Ourselves	
10:30AM	Our Kids: Who They Are, How We Support Them	
11AM	10 Minute Break	
11:10AM	Role of the Children's Volunteer – Play Basics	
12:15PM	Story Time!	
12:30PM	Lunch	

Schedule is subject to change based on speaker availability Speakers: Lori-Ives Baine, Liana Lowenstein, Danielle Thorburn, Simone Richler, Michael Nelson

ZOOM LINK - Will be sent via email on the day of Class for both Lori's & Liana's Classes.

Review page 2 for **YouTube Videos and Google Links Reports.** Pages 3 & 4 are optional.

### **VIDEO LINKS**

When watching, please make a note of the following for each video on your Report:

- What impacted you most it can be an emotional response, observation, revelation, perspective, etc.
- What was one/two significant things you learned.
- Some perspectives to be aware of as a volunteer in hospice care.
- 1. No REPORT Children and Youth Grief Network Andrea Warnick Series WATCH BEFORE TUES, JAN. 21:
  - Watch all 7 videos. 6 of them are very short, the last one is 1 hour 35 minutes. Total to watch all is 2 hours. https://www.childrenandyouthgriefnetwork.com/videos/
- 2. \*REPORT WATCH BEFORE THURS. JAN. 23 only 1 report to cover the 3 parts Precious Moments: 41 minutes for all 3
  - PT. 1 https://www.youtube.com/watch?v=SUjHX9kMqo0&t=3s&ab\_channel=PAC%26EHVolunteerTraining
  - PT. 2 https://www.youtube.com/watch?v=e0w0hXdcqjw&ab\_channel=PAC%26EHVolunteerTraining
  - **PT. 3** <a href="https://www.youtube.com/watch?v=KDMtAjTlWhM&ab\_channel=PAC%26EHVolunteerTraining">https://www.youtube.com/watch?v=KDMtAjTlWhM&ab\_channel=PAC%26EHVolunteerTraining</a> Fill in and submit one report for all 3 parts here: <a href="https://forms.gle/ubiuMrGuCYXp7gJ46">https://forms.gle/ubiuMrGuCYXp7gJ46</a>
- 3. No Report Emily's House Tour 5minutes WATCH BEFORE SAT. JAN. 25
  - take note of any questions you have about Emily's House to ask in class https://www.youtube.com/watch?v=0JtEehpbyn8&t=189s&ab channel=PAC%26EHVolunteerTraining
- 4. \*REPORT Making Every Moment Count: 39 minutes WATCH BEFORE SAT. JAN. 25

  https://www.youtube.com/watch?v=NtwbdhxbcAs&ab\_channel=PAC%26EHVolunteerTraining
  Fill in and submit report here: <a href="https://forms.gle/dPPzFEb2QUGSSDjv9">https://forms.gle/dPPzFEb2QUGSSDjv9</a>
- 5. \*REPORT Just Because We Can Should We? 30 minutes - WATCH BEFORE SAT. JAN. 25

  https://www.youtube.com/watch?v=6zjTJyE1yqQ&ab\_channel=PAC%26EHVolunteerTraining
  Fill in and submit report here: <a href="https://forms.gle/tpzwMnvyWxCFPWod7">https://forms.gle/tpzwMnvyWxCFPWod7</a>

# THESE ARE OPTIONAL TO WATCH — WILL NOT BE A PART OF THE TRAINING EACH VIDEO IS APPROXIMATELY 4 - 9 MINUTES — TOTAL OF 55 MINUTES TO WATCH ALL 8

\*PLEASE IF YOU WATCH, CLAIM 1 HOUR FROM YOUR HOURS TAB — CHOOSE ADMINISTRATION FROM DROP-DOWN LIST OR LET MIKE KNOW AND HE WILL CLAIM FOR YOU.

### If You Only Knew... The Voices of Families of Children with Complex Care Needs

**BEING KNOWN**: Families in this research study spoke about the importance of others getting to know their child with complex care needs. They wanted others to understand, accept, listen to and embrace their child. <a href="https://youtu.be/ghskm1Zm6ro">https://youtu.be/ghskm1Zm6ro</a> - 5 minutes

**KNOWING YOUR CHILD**: For some families in our research study, their child had difficulty communicating with others. Even when a child could not verbally communicate, parents were able to understand what their child wanted or needed. But at the same time, there are difficulties and frustrations for both the child and family members at not being able to share and easily communicate with the people in their lives.

https://youtu.be/lHx61pie2JE - 7 minutes

**KNOWING THE WORK PARENTS DO**: The research project demonstrated that the intense nature of caring for a child with complex care needs can affect the health (mental, physical, emotional, social and psychological) and well-being of the entire family, including the extended family. Parents often bear the burden of this work. https://youtu.be/vLCgXQqBu3I - 8 minutes

**IF ONLY WE KNEW**: There are many systems that parents of children with complex care needs have to navigate. Parents in our research study described the difficulty navigating "the system." They spoke about not knowing the right questions to ask that could help them access the supports and services that their child needed. <a href="https://youtu.be/Sn7EPjUwGCs">https://youtu.be/Sn7EPjUwGCs</a> - 7 minutes

## When clicking links, your computer may ask you for permission to connect to YouTube, if so, click "yes", "allow" or "open".

### If You Only Knew... The Voices of Families of Children with Complex Care Needs

**IF ONLY PEOPLE KNEW**: Stigma, discrimination and exclusion are parts of daily life for some children with complex care needs and/or disabilities and their families. Families in our study felt that society in general watched and judged them more harshly compared to other families.

https://youtu.be/8ZYoot83jbQ - 9 minutes

**MEANINGFUL PARTICIPATION**: Families in our study shared that participation gave them a sense of being a part of something. For participation to be meaningful, it required the attributes of choice, acceptance, safety, accessibility, and accommodation. For parents in our study, these attributes were essential in allowing their child to participate.

https://youtu.be/5D-Wz1601VQ - 8 minutes

**INCLUSIVE LANDSCAPES**: Families in our project shared that even when places are deemed "accessible," there is usually something missing that makes accessibility a challenge. As a result, participation for families of children with complex care needs was experienced as something less.

https://youtu.be/E nLgb4iqvE - 7 minutes

**HAVING A LIFE**: Families in our study spoke about the importance of having a life. For them, this meant a feeling of belonging, of acceptance and being able to contribute to society. By engaging in meaningful participation, an enhanced sense of well-being for the whole family was possible.

https://youtu.be/dXjFb7ODDIo - 7 minutes

#### COMPLIMENTARY VIDEOS – GREAT IDEAS OF THINGS TO DO WITH YOUR CHILDREN CLIENTS

PLAY SERIES - HANNAH'S AT HOME: https://www.youtube.com/channel/UC4bvyHvuHQ KuOdLalfuSgQ